

NAME: **Matthew William Wierzbicki**

DATE OF BIRTH: 21 September, 1970

PLACE OF BIRTH: Sydney, Australia

POSTAL ADDRESS: 29 Victoria St  
Nora Head, NSW 2263

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Email – [mattw@sravan.com.au](mailto:mattw@sravan.com.au)  
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EMPLOYMENT / BUSINESS DETAILS: Yoga Instructor & Massage Practitioner  
*SRAVAN – Yoga & Massage Therapy*  
ABN: 152 450 81295, NSW Business BN98336674  
Medical Malpractice & Public Liability: \$5M coverage



Casual employment: Consulting Civil & Environmental Engineering

QUALIFICATIONS Accredited Yoga Teacher - Level 2 (Satananda Yoga Academy, Mangrove Mountain)

Accredited Yoga Teacher - Level 1 (YTAA, Australia)

Yoga for Children Teacher Training Course (20hrs), Oct 2010 by Lorraine Rushton

Diploma of Yoga Studies, 2007  
Satananda Yoga Academy, Mangrove Mountain NSW

Certificate for Self Employed People in child-related employment (Certificate No. 59F943/15/02/2010)

Senior First Aid. Certificate No. 64901, Expiry 2012

Diploma of Remedial Massage, 2007  
School of Integrated Body Therapy, Charmhaven

Certificate in Yogic Studies (4 month residential course), 2006  
Bihar School of Yoga, India.

Reiki I & II (Ushi Shiki Ryoho lineage), 2010

Bachelor of Engineering Civil, 1995  
University of Technology, Sydney

PROFESSIONAL AFFILIATIONS Australian Traditional Medicine Society – Member No. 21732 ([www.atms.com.au](http://www.atms.com.au))  
Yoga Teachers Association Australia – Member No.1507 ([www.yogateachers.asn.au](http://www.yogateachers.asn.au))

EXPERIENCE: Owner of Yoga Studio at Ocean Pde, Norville for 4 years - undertaking regular weekly yoga classes & massage treatments.

Massage practitioner at Peats Ridge Music Festival, 2010

Kids Yoga teaching at Wyong Council Vacation Care Centres, 2009-2010

Myofascial release workshop, 2006  
School of Integrated Body Therapy, Charmhaven

Craniosacral 4 day workshop, School Of Integrated Body Therapy, 2008

Yogic Cleansing Practises - Shatkarmas. (Neti, Kunjal, Lagoo & Shankhaprakshalana)

Reiki I – India, 2005

CHARACTER REFEREES: Jackie Fletcher (central coast yoga teacher)  
M: 0405760919

Michelle Honeysett (Wyong Council - Coast Kids Vacation Care co-ordinator)  
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